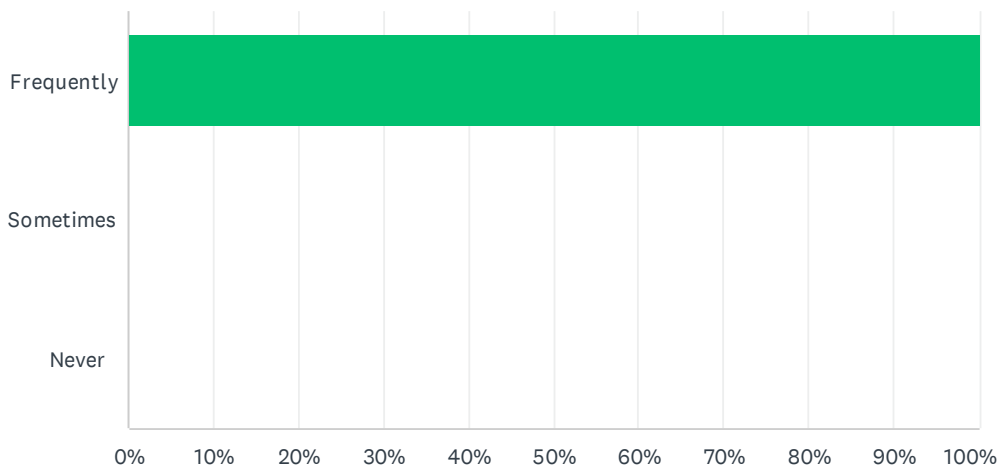


## Q1 I prioritise my work

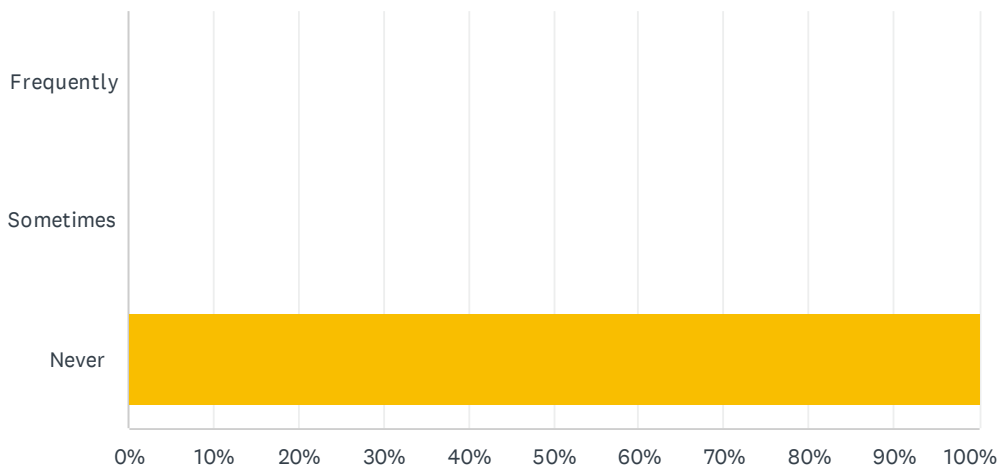
Answered: 1 Skipped: 0



| ANSWER CHOICES | RESPONSES |          |
|----------------|-----------|----------|
| Frequently     | 100.00%   | 1        |
| Sometimes      | 0.00%     | 0        |
| Never          | 0.00%     | 0        |
| <b>TOTAL</b>   |           | <b>1</b> |

## Q2 I make realistic promises

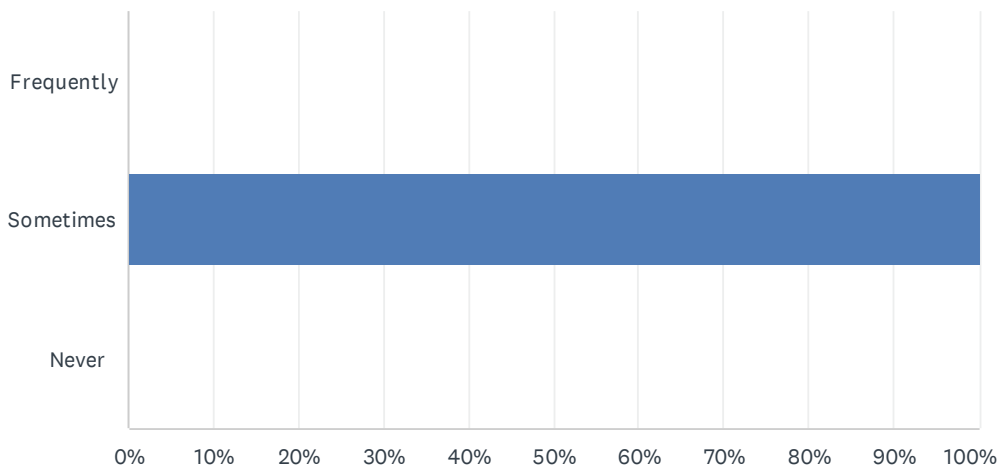
Answered: 1 Skipped: 0



| ANSWER CHOICES | RESPONSES |          |
|----------------|-----------|----------|
| Frequently     | 0.00%     | 0        |
| Sometimes      | 0.00%     | 0        |
| Never          | 100.00%   | 1        |
| <b>TOTAL</b>   |           | <b>1</b> |

### Q3 My Inbox is up-to-date

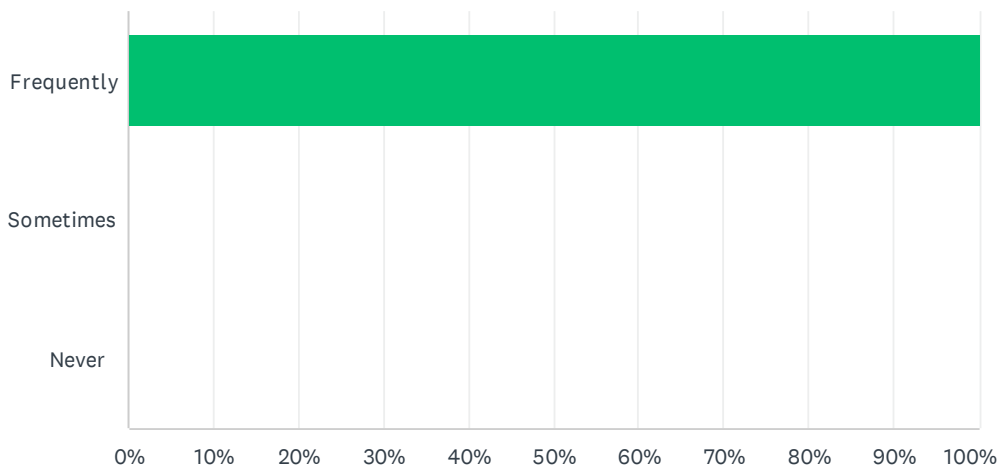
Answered: 1 Skipped: 0



| ANSWER CHOICES | RESPONSES |          |
|----------------|-----------|----------|
| Frequently     | 0.00%     | 0        |
| Sometimes      | 100.00%   | 1        |
| Never          | 0.00%     | 0        |
| <b>TOTAL</b>   |           | <b>1</b> |

## Q4 I can find filed emails easily

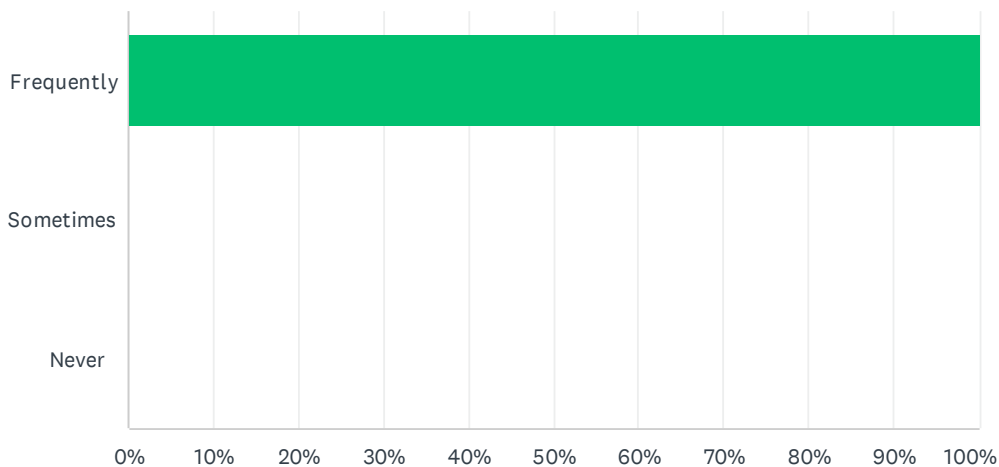
Answered: 1 Skipped: 0



| ANSWER CHOICES | RESPONSES |          |
|----------------|-----------|----------|
| Frequently     | 100.00%   | 1        |
| Sometimes      | 0.00%     | 0        |
| Never          | 0.00%     | 0        |
| <b>TOTAL</b>   |           | <b>1</b> |

## Q5 My 'To-Do's' are realistic for each day

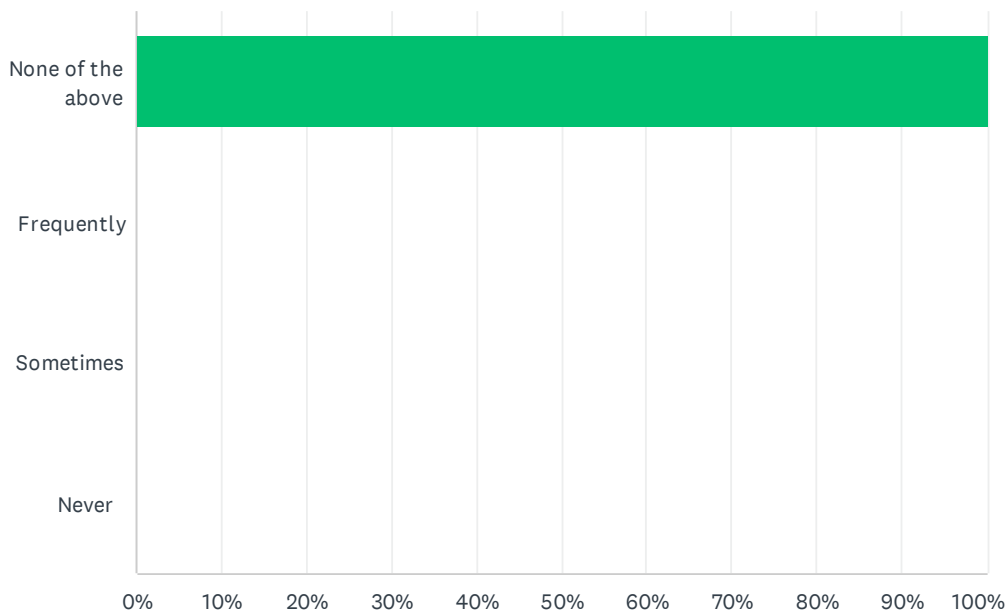
Answered: 1 Skipped: 0



| ANSWER CHOICES | RESPONSES |          |
|----------------|-----------|----------|
| Frequently     | 100.00%   | 1        |
| Sometimes      | 0.00%     | 0        |
| Never          | 0.00%     | 0        |
| <b>TOTAL</b>   |           | <b>1</b> |

## Q6 All my work-in-progress is planned

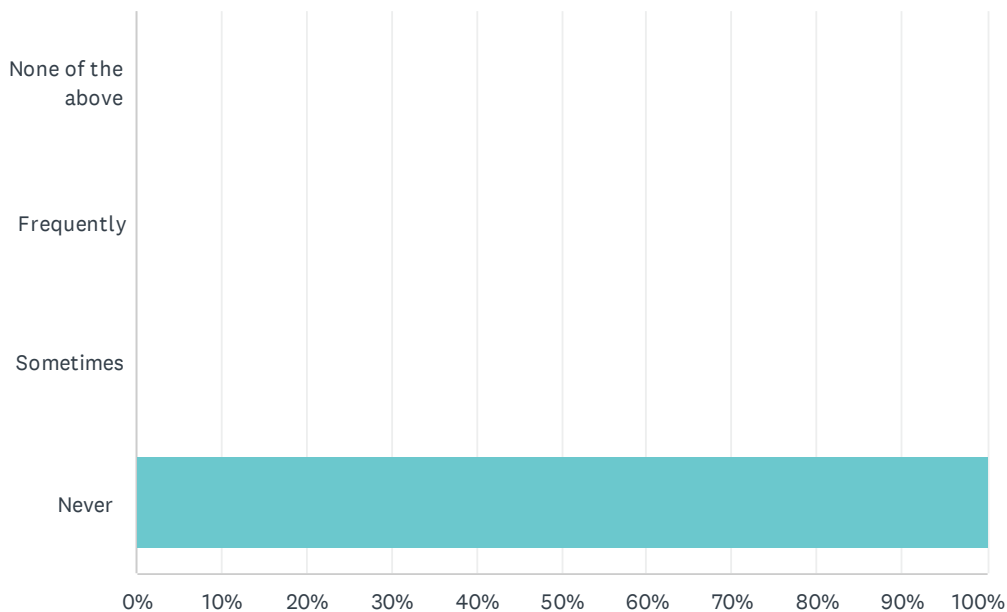
Answered: 1 Skipped: 0



| ANSWER CHOICES    | RESPONSES |          |
|-------------------|-----------|----------|
| None of the above | 100.00%   | 1        |
| Frequently        | 0.00%     | 0        |
| Sometimes         | 0.00%     | 0        |
| Never             | 0.00%     | 0        |
| <b>TOTAL</b>      |           | <b>1</b> |

## Q7 I have enough time to deliver my Objectives

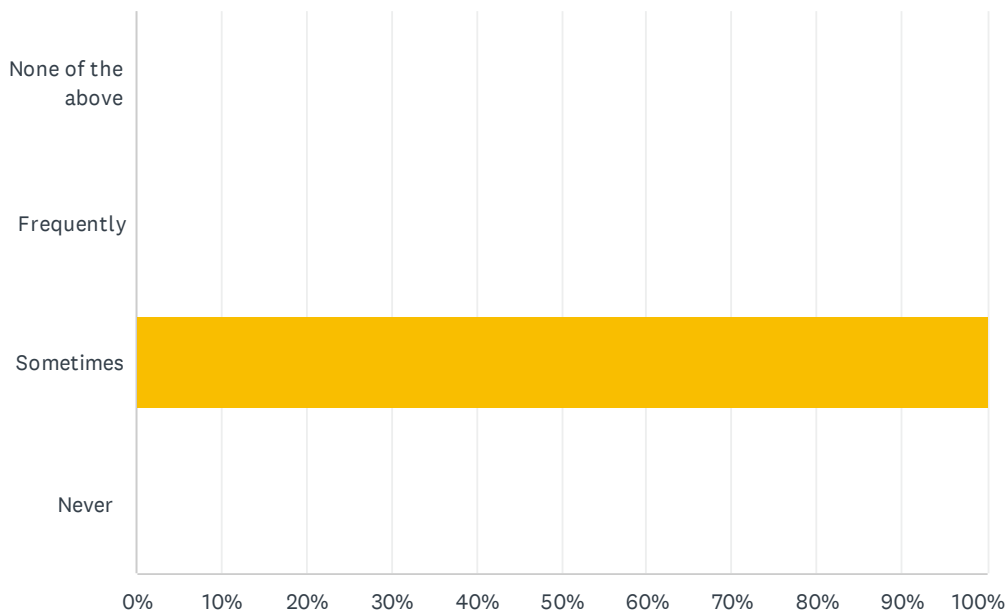
Answered: 1 Skipped: 0



| ANSWER CHOICES    | RESPONSES |          |
|-------------------|-----------|----------|
| None of the above | 0.00%     | 0        |
| Frequently        | 0.00%     | 0        |
| Sometimes         | 0.00%     | 0        |
| Never             | 100.00%   | 1        |
| <b>TOTAL</b>      |           | <b>1</b> |

## Q8 Others deliver my requests on time

Answered: 1 Skipped: 0

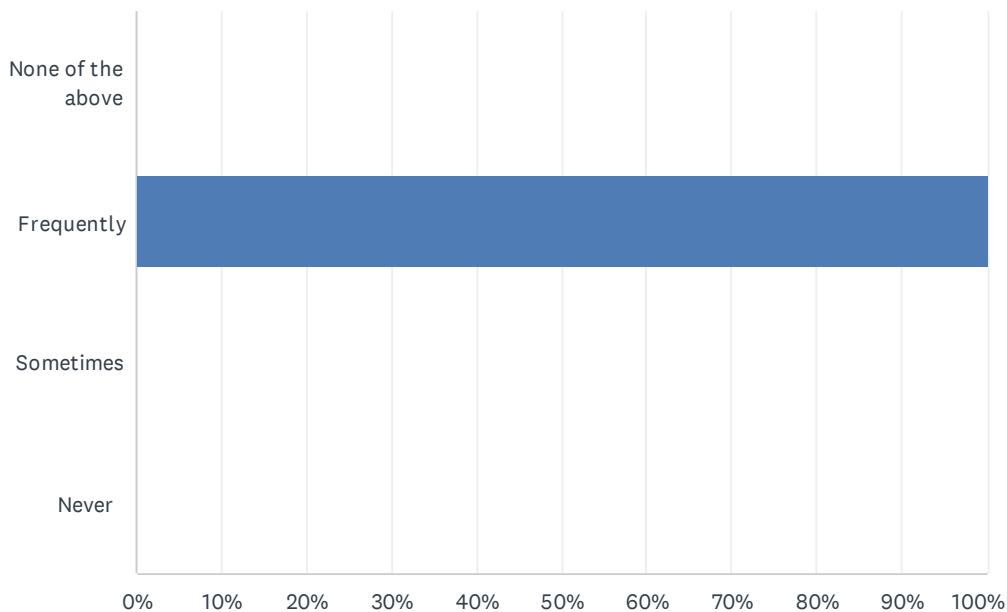


| ANSWER CHOICES    | RESPONSES |          |
|-------------------|-----------|----------|
| None of the above | 0.00%     | 0        |
| Frequently        | 0.00%     | 0        |
| Sometimes         | 100.00%   | 1        |
| Never             | 0.00%     | 0        |
| <b>TOTAL</b>      |           | <b>1</b> |



## Q9 When relevant, I say “No, not now”

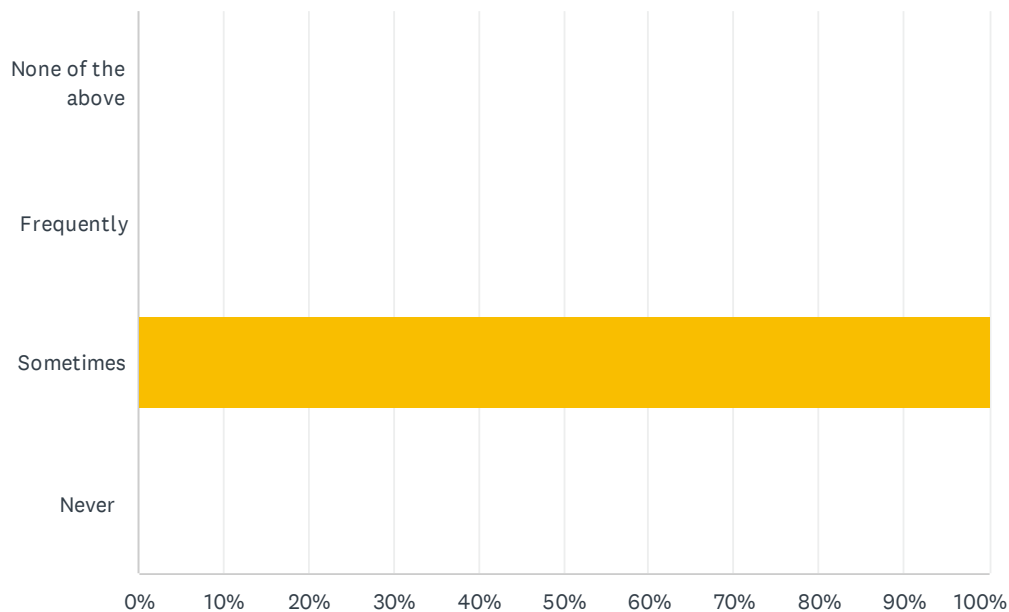
Answered: 1 Skipped: 0



| ANSWER CHOICES    | RESPONSES |          |
|-------------------|-----------|----------|
| None of the above | 0.00%     | 0        |
| Frequently        | 100.00%   | 1        |
| Sometimes         | 0.00%     | 0        |
| Never             | 0.00%     | 0        |
| <b>TOTAL</b>      |           | <b>1</b> |

## Q10 I can quickly find my notes of conversations & ideas

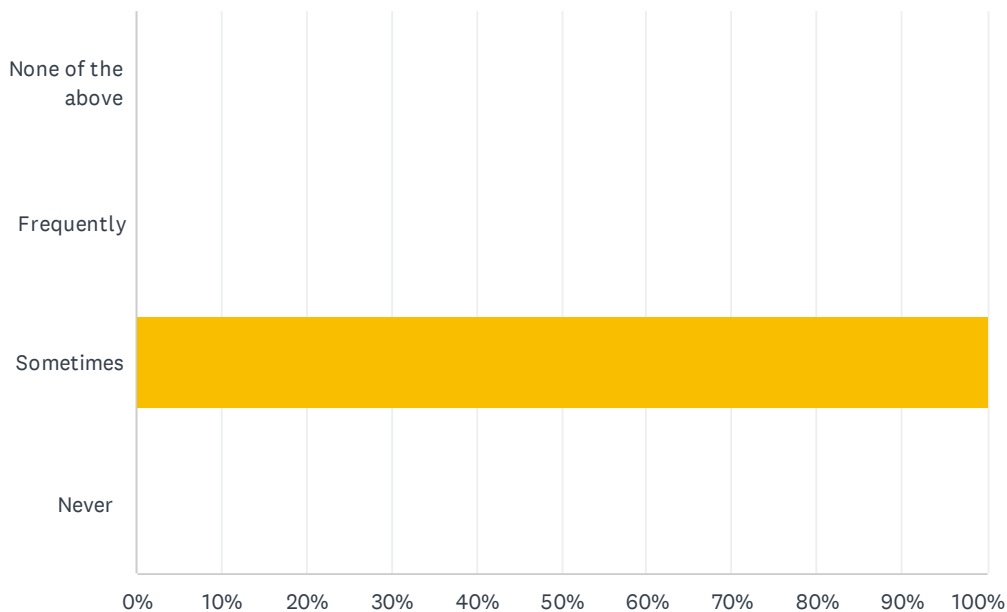
Answered: 1 Skipped: 0



| ANSWER CHOICES    | RESPONSES |          |
|-------------------|-----------|----------|
| None of the above | 0.00%     | 0        |
| Frequently        | 0.00%     | 0        |
| Sometimes         | 100.00%   | 1        |
| Never             | 0.00%     | 0        |
| <b>TOTAL</b>      |           | <b>1</b> |

## Q11 I feel in control of my work

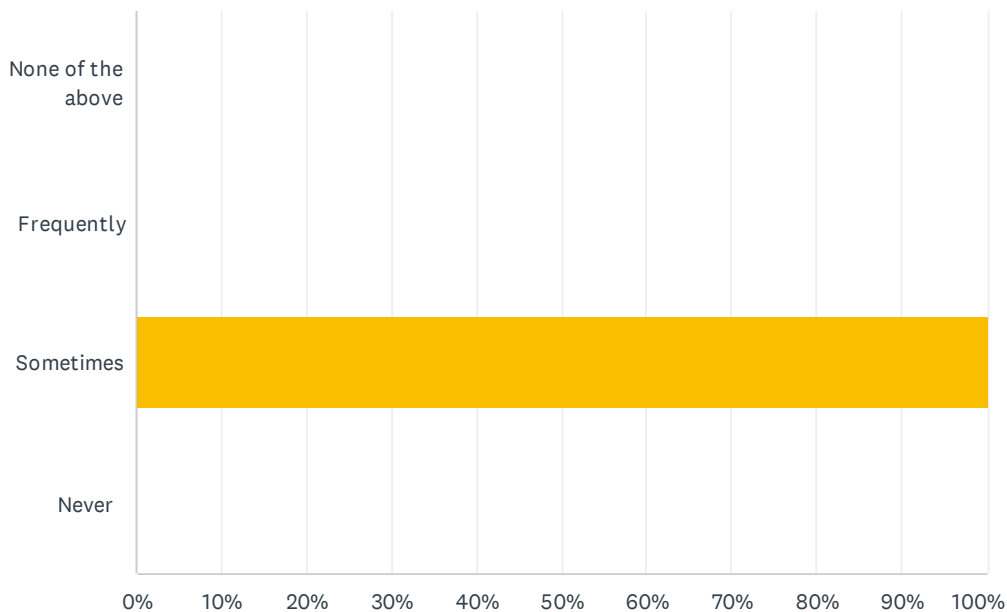
Answered: 1 Skipped: 0



| ANSWER CHOICES    | RESPONSES |          |
|-------------------|-----------|----------|
| None of the above | 0.00%     | 0        |
| Frequently        | 0.00%     | 0        |
| Sometimes         | 100.00%   | 1        |
| Never             | 0.00%     | 0        |
| <b>TOTAL</b>      |           | <b>1</b> |

## Q12 I do not feel stressed by my work

Answered: 1 Skipped: 0



| ANSWER CHOICES    | RESPONSES |          |
|-------------------|-----------|----------|
| None of the above | 0.00%     | 0        |
| Frequently        | 0.00%     | 0        |
| Sometimes         | 100.00%   | 1        |
| Never             | 0.00%     | 0        |
| <b>TOTAL</b>      |           | <b>1</b> |

## Q13 Contact Information:

Answered: 1 Skipped: 0

| ANSWER CHOICES | RESPONSES |
|----------------|-----------|
| Full Name      | 100.00% 1 |
| Company        | 100.00% 1 |
| Email address  | 100.00% 1 |

| # | FULL NAME | DATE              |
|---|-----------|-------------------|
| 1 | Amy Johns | 3/6/2024 11:32 AM |

| # | COMPANY   | DATE              |
|---|-----------|-------------------|
| 1 | U Company | 3/6/2024 11:32 AM |

| # | EMAIL ADDRESS                | DATE              |
|---|------------------------------|-------------------|
| 1 | izabela.g.krawczyk@gmail.com | 3/6/2024 11:32 AM |